



CANAAN FAMILY LIFE CENTER

302 School House Lane Philadelphia, PA 19144

CFLC

Community Outreach, Resources & Referrals, Reunification Support, Mini-Business Center, Emergency Food & Clothing

For Trip Information only contact Gail Hoffman gail849@aol.com

MISSION TRIP COST & FINANCIAL POLICY

I understand that I am responsible for raising and paying for 100% of the funds required for the trip. The money I raise covers, airfare, lodging, ground transportation while in Uganda, security guards, breakfast, dinner, bottle water, and onsite trip ministry activities. I am responsible for passport, visa, immunizations, lunch (when available), church offerings, and food/drink expenses while traveling to and from Uganda. These items are not calculated into the total trip cost. I am also responsible for any fees connected to any changes to my air ticket.

Financial donations to the CFLC mission team’s accounts are not mine, they belong to God. They have been given to CFLC in order to pay my trip expenses, and accomplish the mission work of the ministry.

Trip prices are based on projected cost and could be subject to change up until the departure date, as travel & accommodation prices fluctuate. The trip deposit of \$100 is non-refundable in the event that you are not able to go with us.

If for some reason that I am not able to go on the trip, I understand that monies already donated to my trip cannot be refunded to me or to the donors due to the Non-Profit status of the church. We are a 501C 3 non-profit organization.. The funds that I raise will be donated towards the trip mission projects. Airfare reimbursements will follow the Airline policies of ticket reimbursement.

Payments can be made in cash, money orders or checks. All check or MO donations made in support of my trip must be payable to CFLC. Donors should write my name in the memo section of their check.

I will submit \$1,200 three months prior to the trip date to insure the lowest airfare. This will be used to purchase my air ticket. The balance of \$1600 will be due one month before departure. Total cost of the trip is \$2,800.

I understand that I may not make direct personal donations to any of our Host, Pastors, or any person while traveling in Uganda. All donations must be cleared by your trip leader and pass thru UMP (for documentation) before being distributed.

I have read the above and agree to the above, policies, procedures and financial terms.

(Signature)

(Date)

(Witness – CFLC Staff)



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Mission Trip Application

Name _____
(Exactly as it appears on your passport)

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

Email _____

Occupation _____

Date of Birth _____ Gender ___ Male ___ Female

Passport # _____ Issue date/Expiration date _____ / _____
(Please attach a copy of your passport with your application)

In case of emergency, please notify:

Name _____ Relationship _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____

Church Affiliation/Membership _____

Are you the Pastor? ___ Yes ___ No If no, Pastor's name _____

Are you an ordained minister? ___ Yes ___ No

Church Phone Number _____

Personal Reference Name _____

Relationship _____ Phone Number _____

How did you hear about our trip?

Spiritual Information

Are you a Born Again Believer? ____ Yes ____ No ____ Not sure

Have you been on a Mission Trip before? ____ Yes ____ No

If yes, please indicate the organization, where, when and how you were involved.

Tell us a little about why you would like to serve on this mission to Uganda?

What are some ways in which you feel prepared to minister to the people of Uganda? (E.g. prayer, music, praise dance, adult/children's ministry, teaching, evangelism, preaching, etc.)

What other spiritual gifts, talents, or professional skills do you have that you feel may be useful on this mission trip?

Do you serve in any volunteer leadership role in any Ministry, or organization outside the church? If yes, please explain.

Do you work well with large groups, small groups, or both? _____

Briefly explain what you hope to see the Lord do in and through you on this mission trip.

Are you prepared to commit yourself to the training, conference calls, and several team meetings for this trip? Please explain any life circumstances that may prevent you from fully participating in the team building trip preparation process.

Are you prepared to work long hours on the mission field? ___Yes ___No

Can you withstand very hot weather? Possibly 85 -90 degrees on most days' ___Yes ___No

If No, what accommodations do you need?

Are you flexible? ___Yes ___No (i.e. if you are asked to work in another area , other than your assigned area of the Ministry, would that create a problem for you)

How do you envision staying connected to the Ugandan Mission Project after the trip? (Volunteer at events, do related work in your field, consulting, fundraising, mobilizing your community, etc.

Note: Please feel free to use extra paper to finish answers if necessary



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Health Status Record

Name:

Street Address:

City, State & Zip code:

Home Phone:

Cell:

Email:

Height:

Vaccinations Received: *Please include a copy of your vaccination record*

Allergies of any kind:

Please answer yes or no to the following:

*Lift and carry 10 lbs.

*Climb two or more flights of stairs

Stand for 2 hour periods

Sit for long periods

Walk on uneven terrain

Bend and stoop

Sleep on a cot or floor

Work and live with little or no privacy

Tolerate extreme weather conditions

Have you had any of the following conditions in the last 24 months?

___ Heart attack/Heart Disease

___ High Blood Pressure

___ Migranes//Headaches

___ Skin Problems/Lesions

___ Stomach/Intestine/Hernia

___ Urinary Issues

___ Asthma/COPD/Emphysema

___ Uncorrected Vision

___ Hearing Loss/Hearing Aid

___ Diabetes

___ Weakened Immune System

___ Bleeding Disorders/Treatment

___ Stroke(CVA/TIA)

___ Anxiety/PDS/Bipolar Disorder

___ Neurological Disorders (Seizures)

___ Sleep Disorders

___ Mobility Issues

___ Bone or Joint Issues (Back, Arthritis, etc)

___ Active Infection

___ Other

Have there you had any visits to the ER, hospitalizations, surgeries, or ongoing therapy during the last 12 months?

List all prescription and over the counter medications routinely taken.

| <u>MEDICATION</u> | <u>GENERIC NAME</u> | <u>DOSAGE</u> | <u>CAUSE</u> |
|-------------------|---------------------|---------------|--------------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

List all medical equipment or assistive devices used (*crutches, cane, nebulizer, Cpap, oxygen, braces, wheel chairs, service dogs, etc.*)



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Physician Release Form

I understand that while health insurance is not required, I will be financially responsible for my health care expenses. We advise you to inform your insurance carrier of this trip.

Applicant Signature: _____ Date: _____

Regarding your Patient: (Required Upon Request)

After reading patient information, do you feel this individual is able to endure a trip to Uganda or will have any problems with the mission trip to Uganda.

Doctor's Signature: _____ Date: _____

Printed Name: _____

Address: _____

City: _____ State: _____ Zip Code _____

Telephone Number: _____



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LIABILITY RELEASE/ CONSENT FOR TREATMENT

As with any mission endeavor of this type that includes travel, both inside and outside the USA, I realize there are certain risks involved. I have counted the cost, sought God's direction, and am fully persuaded that God has called me to be part of this TEAM. In signing this from, I _____, agree not to hold UMP or CFLC their officers, employees, volunteer assistants liable for any accident, illness, death, loss, or property damage that I might encounter while on a mission trip to Uganda.

Signature: _____ Date _____

- I take full responsibility for my own health, safety, and well being. medical/dental insurance and prescription drug costs that I might incur.
- I, _____, being of legal age, authorize a representative of CFLC. to act on my behalf should I be unable to do so and to consent to reasonable medical/dental care and treatment including but not limited to diagnostic test, x-rays, anesthesia, surgery or other procedures which may be deemed necessary for my medical well being for the duration of the trip.
- This consent is given in advance of any specific diagnosis, treatment surgery or hospital care required, but is given to provide authorization and specific consent for medical/dental treatment on my behalf.
- Any consent by CFLC or their authorized agents shall have the same force and effect as if I had personally given the consent. Such authorized agents shall act as "in loco parentis" for the duration of the mission trip.

I am aware that serious illness requiring return by air transportation could cost more than \$10,000. I agree that I am solely responsible for any expense that may arise from my return by air ambulance or other extraordinary means that is not covered by travel insurance.

NOTARY REQUIRED:

On this _____ day of _____, 20____, before me personally appeared

_____ to be the person who executed the above release and consent form, and acknowledged before me that he/she voluntarily executed the same.

Notary Public:

My commission expires: _____

LIABILITY RELEASE/ CONSENT FOR TREATMENT

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Signature: _____ Date _____

- I take full responsibility for my own health, safety, and well being. medical/dental insurance and prescription drug costs that I might incur.
- I, _____, being of legal age, authorize a representative of Canaan Baptist Church. to act on my behalf should I be unable to do so and to consent to reasonable medical/dental care and treatment including but not limited to diagnostic test, x-rays, anesthesia, surgery or other procedures which may be deemed necessary for my medical well being for the duration of the trip.
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NOTARY REQUIRED:

On this _____ day of _____, 20____, before me personally appeared _____ to be the person who executed the above release and consent form, and acknowledged before me that he/she voluntarily executed the same.

Notary Public:

My commission expires: _____

We are thrilled that you are prayerfully considering going on the mission trip with us to Uganda . We are joining you in prayer that God would work in you and through you during our ministry as a TEAM.

Please return the entire completed application as soon as possible with a copy of your passport and a non-refundable deposit of \$100, made out to Canaan Family Life Center Note: Passport must be valid thru 6 months prior to the trip, and have a minimum of 4 blank pages.

This Trip Application includes the following documents

To be signed and returned:

- Trip Cost & Financial Policy
- Trip Application
- Health Status Record
- Physicians Release
- Liability/ Medical Consent
- Team Covenant Agreement

Also Included– Please Read:

Trip Preparation, Trip Documentation, Optional Fund Raising Letter

Please mail all forms and deposit to CFLC If you have any questions, please email Trip Coordinator, Gail L Hoffman Gail849@aol.com.

May God Bless you as you prepare for a life changing experience.

Gail L Hoffman

Trip Coordinator



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MISSION TEAM COVENANT

AS A MEMBER OF THIS TEAM I AGREE TO:

Remember that I am representing CLFC and more importantly Jesus Christ. I will seek to model Jesus in my behavior and attitude.

Remember that I am a guest visiting at the invitation of my host. I will respect their culture without judgment.

Refrain from complaining, as I recognize that travel to a foreign country can present unexpected and undesirable circumstances; instead of complaining I will be flexible, constructive and supportive.

Abstain from the use, purchase and possession of alcoholic beverages, tobacco and illegal drugs from the beginning of the trip to the end, including the departure airports, and in route.

Not use profanity at any time.

Adhere to the dress code established by the ministry at all times, and only bring luggage and possessions that are determined by the ministry to be appropriate for the service needs of the mission and the country's culture.

Respect my team leader(s), and his or her decisions.

Attend all team meetings, prayer conference calls before the trip as well as any follow up meetings.

Refrain from teaching or practice of any belief that would not be endorsed by the church.

Abide by any additional guidelines which may be deemed necessary by the team leaders during the mission trip.

(Signature)

(Date)

(Canaan Family Life Center /UMP staff person)



PLEASE READ

BE SAFE, BE PREPARED & BE BLESSED

In preparation for our mission trip, please let your trip coordinator know if you feel that you cannot physically maneuver two 50lb. suitcases in addition to your own personal one. These extra suitcases allowed to missionaries are what enable us to bring our supplies for the mobile medical clinics you will be participating in. The more supplies we can bring with us, the more people we can assist when we are there.

Coming together in agreement as a team before the Lord prior to the trip is a priority when participating in a mission trip. As the date approaches, we will have weekly prayer meetings. Distance can prevent some team members from attending regular pre-trip activities, so in order to include everyone, these are done by conference call. These dates and times will be set for each team according to availability. The conference call dial in information will be sent with the first date's announcement. A team in unity with God and each other is a successful one.

There will be a pre-trip meeting scheduled so that the team can meet in person, where you will meet your trip coordinator and team leader, receive instruction, a travel schedule for the trip and ask any questions that you may have. The last segment of the meeting will be to organize our supplies and pack them properly into the cases. Please attend this meeting if logistically possible. We understand that people do come from long distances and can't always secure travel twice, but if you are close enough, or it isn't a financial burden, we highly recommend that you attend. This is your first contact with some or all of your fellow team members.

When traveling as a team internationally, please keep your passport and other ID in a quickly accessible but secure place and always be aware of the location of your team leader and other members. Please do not stray from the group at any time without specifically notifying the team leader and taking a partner with you.

Trip Leaders are accountable to you to make sure that you are supervised at all times, please assist us in doing this with ease.

Packing List for a Successful Trip

MANDATORY ITEMS

- Bible
- Passport and one copy of your passport
- Passport holder (optional)
- 2 Passport Photos MAY be required
- Vaccination cards (keep with passport), plus one copy
- Copies of your driver's license/birth certificate
- List of medications you take
- Completed emergency contact form
- Anti-malarial medications (Malarone)
- Antibiotics (for stomach - Cipro or Bactrim-try before trip to test for allergies)

SUGGESTED ITEMS

- Pens/pencils
- Journal (optional)
- Camera/film
- Extra batteries/battery charger for cameras etc.
- Personal hygiene items (deodorant, etc.)
- Shower shoes or flip flops
- crisp, new \$100.00 bills (for easy exchange to schillings)
- Dresses or suits for church
- Light weight clothing (ladies, dresses work best)
- Extra glasses or contacts (also sunglasses)
- Bug repellent/sun screen with DEET (25 - 400/0)
- Sturdy shoes (dress and casual)
- Handi-wipes or no-wash hand sanitizer, travel size tissues and toilet paper
- International electrical outlet adapter for Africa if you plan to plug in anything)
- Fold up Poncho and light jacket for cool evenings/rain
- Mini hair dryer
- Snacks (peanut butter, dried fruit, hard candy, powdered drink mix, etc. according to your preferences)

PREVENTING INFECTIOUS DISEASE

While in Uganda, or any developing country, some precautions are necessary that may not be normal for you. Following these common sense suggestions will give you the best possible experience.

WATER: Be aware that the water is not fit to drink. Only boiled water as is in tea, or steamed, as is used for rice has been hot enough to kill germs. So any other water needs to be bottled. Anything that you may do with water that is going into your body needs to be done with bottled water. This includes brushing your teeth and not opening your mouth in the shower. Use hand sanitizer for hand washing. Do not order ice to put into your drinks.

FOOD: Fresh fruits & vegetables are fine to eat as long as they originally had a peel . Do not eat meat or fish that hasn't been very well cooked. Eat absolutely nothing from street vendors. Pack snacks that don't expire quickly or need refrigeration for road trips.

SAFETY: , it is a good idea to follow these suggestion:

At every place that we sleep, find a secure place for your documents, electronic devices and cash at every place we stay . Most places have a safe. Wherever we are ministering during the day, our security or driver will stay with our vehicle. This is your safe place in the field.

Bring flip flops for showering.

Be mindful of malaria conditions. Instruct your cleaning people to leave your windows closed during the day and at night. Most of the mosquitos that carry this disease are out only at dawn or dusk. We make every attempt to be in at night, but when our schedule is such that we cannot be inside by dark, this will help prevent them from getting in. Also, wear mosquito repellent as your perfume or cologne night and day as a precaution.

Never venture outside of the hotel without alerting your team leader and taking someone with you.



DOCUMENT YOUR TRIP

Help Us Make Our Trips More Successful

PLEASE READ

Please take a moment to read the items listed below. Our generous med donors do require us to report back to them when we come home. They want to know if the meds they have given us were of any use, how effective they were on the patients, and for what issue, as a matter of fact, if we do not submit this information, we can be denied donations on our next request.

They also like to have stories, photos and videos of the clinics for their website to encourage their suppliers to give. This helps them evaluate what products to accept from their suppliers to be able to distribute what is needed to short term mission teams like us.

After every trip we hope to post experiences that people have had and told us that really stood out to them as their highlights. Testimonies of sharing their faith with someone, praying for salvation with someone, a particular sight that affected them, or any experience they feel compelled to share on our website. This gives people who are thinking of going on a future trip a good idea of what to expect and encourages them that to participate in something that will both bless others and be a blessing to themselves as it was to you. So keep this in mind as you move through your trip activities.

CLINIC EXPERIENCES:

When working in the mobile medical clinics, you have an opportunity to experience someone being helped out of pain, discomfort, being rid of an infection or any number of issues that you will come across. Our med donors want to know from missionaries in the field how they are impacting the lives of the people in the villages, both in the moment and in the long term. If you have a testimony about a medication or a situation that really stands out in your mind, please consider sharing it with us. Photos & first names of people are appreciated.



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Date:

Dear Friend:

I am so excited about preparing for one of the most challenging experiences of my life! On January 25, 2017, I will be traveling with a group of missionaries to Uganda, Africa for 15 days. I have partnered with a Christian humanitarian aid organization called Canaan Family Life Center. This organization provides child daily feeding, clothing, education, medical care, and emotional support in this severely improvised country where child mortality rates are skyrocketing at alarming rates...many due to AIDS and MALARIA. The need is overwhelming in Uganda, but we intend to make a difference one child at a time.

We will be based in Kampala, Uganda and travel to several villages during our stay. While there, we will give personal testimonies, minister and encourage the children and adults in any way needed. We will take much needed medications and other miscellaneous gifts. The greatest gift we can offer is the matchless love of Jesus Christ! We want each person to understand that their life matters and God has a plan for them to be with Him for eternity.

Well, now you know the facts. Here is how I'm praying you can help. The cost of my trip with airfare, food, lodging, ground transportation, water, and ministry projects will be \$2,800. Your gift of any size is greatly appreciated and tax deductible. We also want you to partner with us in prayer knowing this is a God-sized opportunity that will require great faith. We are asking for you to pray for our physical safety, spiritual growth, protection, and for opportunities to share Jesus Christ's love with the people of Uganda.

If you are able to make a donation, please fill out the form I have attached. This form will allow me to keep track of who has contributed towards my trip. Also, it will give me the needed information to send you a thank you note and detailed letter of the mission trip after I return. Please mail the attached form with your donation no later than December 15, 2016 as I will be leaving for Uganda on January 25, 2017

As Jesus said in Matthew 25:35-40, "for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me' Then the righteous will answer Him saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You? "And the King will answer and say to them, "Assuredly, I say to you, in as much as you did it to one of the least of these My brethren, you did it to Me."

Thank you for your support and prayers!

Sincerely,

(Your Name)



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DONATION FORM (please print)

Name _____

Address _____

Phone # _____ Email _____

Amount of Donation \$ _____

Make check payable to: Canaan Family Life Center

In the memo section of your check, Please write: For (your Name)

Re: Uganda Mission Project Trip Donation

*****Your Donation is Tax Deductible*****

Mail form and donation to:

(Your address)

Understanding the Biblical Precedent for Support Development:

So, you want to go on a mission trip, but you need to raise all or some of the money you need to be able to GO? Rest assured that you are not the only one. You will also be in the good company of people like the Apostle Paul, who needed the support of the church body to carry out His ministry.

The Uganda Mission Project believes that general financial support for your mission trip should be sought from friends and family members who, 1) are believers and 2) that you have a close relationship with. Your trip leader will supply you with a "sample" support letter to get you started on raising the funds needed for your trip.

You may have many questions and even some fears, but we believe that as you read and follow the steps outlined below, and trust in the Holy Spirit to guide and help you, you will be greatly encouraged. The following paragraphs provide the biblical rationale behind the practice of raising support. Once you have an understanding of this, you'll be better able to raise support with boldness and confidence. It is our prayer that in this process you will see the faithfulness of God who provides for the work that He calls you to do.

Developing a Vision:

Raising support is not about raising money; it's about sharing a vision. It is about sharing the excitement of God's call and the opportunity He has set before you, and it's about giving others a chance to participate in God's plan to reach the poor in Uganda.

The basic principle you need to understand is people are giving to the Lord (**His work**), and not to you for a vacation. You need to have a sense of purpose when you ask...and there is no greater purpose than God's will or his work. Do you have a vision or idea of how the Lord may use YOU on the mission trip? God desires for all to enter His Kingdom and for every person to have a chance to hear about His mercy and forgiveness. If you help lead one person one step closer to Christ on this trip, then You are doing the greatest work on earth.

Support Raising is Biblical:

Throughout Scripture we find that God expects His people to support those involved in full-time service. He instituted a tithe as the means to support the Levites (Num 18:24, Neh 13: 10-13) And throughout the history of Israel, God promised to Bless those who invest in this work. (Prov. 3: 9-10, Mal 3:10) Paul said emphatically to the Corinthians, "The Lord has commanded that those who preach the gospel should receive their living from the gospel" 1 Cor 9: 14 NIV) At times, especially at turning points in his ministry, Paul explicitly asked other Christians for financial support. "When I go to Spain....I hope to have you assist me on my journey." (Rom 15:24 NIV) Jesus had financial supporters. As a carpenter he could have funded his ministry by building furniture. But as far as we know, He didn't. He relied on people such as Mary, Martha and Lazarus who helped..."support Him out of their own means." (Luke 8: 3 NIV). Jesus gave specific directions to His disciples which forced them to depend on others for their needs. They were to accept gifts from others, as Jesus said. "eating and drinking whatever they give to you; for the worker deserves his wages" (Luke 10: 4-7 NIV)

Including Others in the Mission:

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Romans 10: 14-15 (NIV) speaks of the need for us to **Go** and preach so that others might be saved. Verse 15 specifically asks, "And how can they preach unless they are sent?" Have you considered that your trip, and the act of praying for and supporting you financially, may be the way someone else can fulfill part of God's call on their lives? Your trip may be the only mission trip they ever "go on" personally thru your experience. By including others in your mission, you are giving them the opportunity to prayerfully consider how God would have them follow Him. Sending You may be the way someone else can be obedient to what God is asking them to do.

Living by Faith Today:

All Christians need to live by faith (2 Cor 5:7, Heb 11:6 NIV), regardless of how they receive their finances. The bottom line is that you need to be willing to do whatever it is the Lord asks you to do. Raising support is a matter of obedience to God's word and calling, not of following your feelings. If God calls you to **GO ON** this mission, then He Will provide everything you need to fulfill your ministry, including emotional strength and perseverance. (2 Thes 5:24 NIV).

Fundraising Steps

1. Begin with your church home by contacting your Pastor and Elders first as your spiritual leaders to seek their approval on proceeding to enlist support in the church. You need to have your church's counsel and you need to have your church on your TEAM. ! Articulate how God led you to be a part of this mission trip, share your financial goal, gain a clear understanding of the steps you should follow to request church support, and identify ways to present your mission trip to the church.
2. Determine who to ask for support by making list of potential donors; (i.e. Church friends; home and other churches attended, relatives, school contacts, employment and service providers. Review your phone, email and face book contacts.
3. Mail out your first Mission Donor letter along with a self addressed stamped return envelope.
4. Follow up with a phone call or visit to your potential donors. They want to hear how excited you are about this assignment from God. Give a financial update on how much more you need to meet your goal.
5. Lastly, pray and expect God to work above and beyond your expectation and strategy. God Bless you as you serve Him through Missions.